



Our Mission: Together, provide the tools and experiences every student needs to create an individual, viable and valued path to lifelong personal success.

22620 Sweeney Road Southeast
Maple Valley, WA 98038
(425) 413-6100

School website: <https://shadowlake.tahomasd.us/>

March 3, 2024

Tiger Families and Community,

School Attendance is very important no matter the age or grade. Research and the state want students to be in class a minimum of 90% of the school year. We know that children get sick and want them to stay home when they are not well. With 180 days in the school year, which means that students can be absent 18 days of the school year and still meet the 90% threshold. Students that attend school for 90% or more of the school year are better adjusted socially and emotionally and perform better academically. You may have noticed your Tiger coming home with an Attendance award in November and December. We will continue to celebrate our Tigers that are attending school 90% or greater for the year. We have been doing great with attendance so far this year. We gave out 489 awards in December! Way to go Tigers!

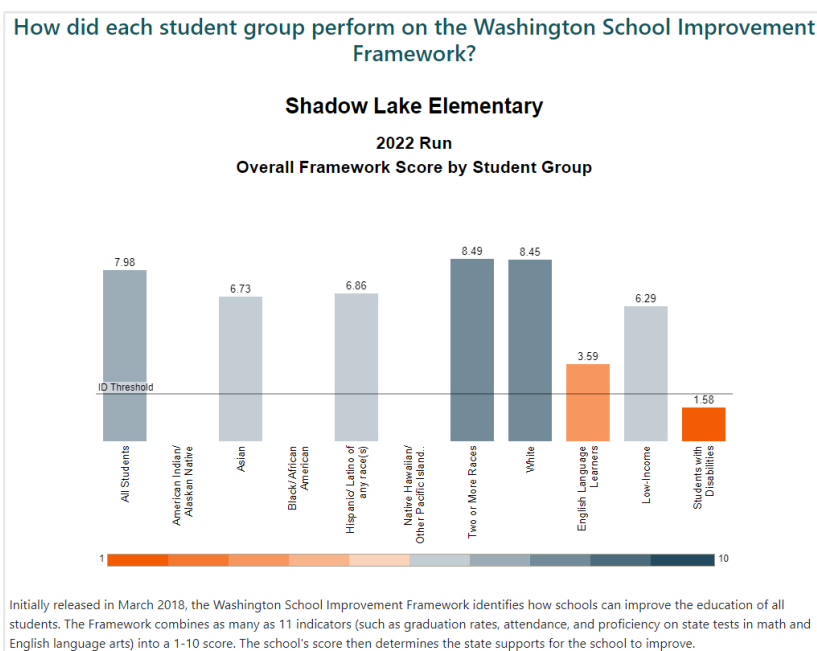
We have two updates for you school-wide:

Shadow Lake, for years, has been a Title 1 school. This means that we meet a threshold percentage of students on free/reduced lunch, and we receive federal funds to support those students with their academics. In the past, you would have seen these supports support students with RAP services. This year, our free/reduced lunch status is at 36% and we were able to apply for and were granted whole school Title 1 status. This is wonderful news! We can use the federal monies for ALL students at Shadow Lake. We are using the funds this year to provide: professional development for all teachers, sub release time for teachers to work and learn with our Instructional Coach, Mrs. Gordulan, and district content specialists, provide manipulatives in both reading and math, and provide more books for our growing readers.

As you know, students in grades 3-5, take the state assessment called the SBA. The state evaluates all schools based on this data. The Washington School Improvement Framework (WSIF) looks at how schools are performing in different subgroups of students. We fell below the threshold of achievement in 2 categories in the 2022-2023 school year, and have for several years prior, in the subgroups of multilingual learners and students with disabilities. This means that Shadow Lake must be on a plan of improvement. With our partners from Office of Superintendent of Public Instruction (OSPI) and district leadership we have created goals in both reading and math. We have been granted additional funds from the state to support our plan of improvement. We are using these funds to partner with our local educational service district (PSED) to plan and put on professional development for staff in the areas of math, inclusion, and language acquisition.

We are committed to improving our academic data and teaching practices to ensure that ALL Tigers are successful at school and grow as they need to!

With Tiger Pride,



Kellie Christiansen
Principal, Shadow Lake Elementary

What's Happening

Weekly Tiger TV
Video Announcements [HERE](#)



Live calendar updates [here](#)

MARCH	
<i>All Month</i>	<i>Recognizing Women's History Month, Music in the Schools Month, & Youth Art Month</i>
2/16- 3/8	Spirit Wear Store OPEN; Order online here
2/26- 3/15	Fun Run Pledges ACCEPTED; Online donations here
1st Week of every month	Tiger's LOVE Reading! PAWS Reading Logs Due; details here
March 3-9	National World Language Week
MON 3/4	Maintenance Worker Appreciation Day
TUE 3/5	Spirit Day: Toons Tuesday!
TUE 3/5	7:30- 8:30 am Zero Hour Tiger Chorus; program details here
TUE 3/5	PTA Playground Pals (must sign up ten days in advance) program information & details here
WED 3/6	WOW- Workout Wednesday during lunch recess; program details here
THU 3/7	PTA Playground Pals (must sign up ten days in advance) program information & details here
FRI 3/8	Spirit Day: Tiger Pride / Blue Friday!
FRI 3/8	Early Release Friday: students dismissed at 1:20 PM
SUN 3/10	Daylight Savings Time / Clocks spring forward
March 11-15	Education Support Professionals / Classified Staff Appreciation Week
March 11-15	Fun Run Spirit Week (see each day below)
MON 3/11	Special Fun Run Spirit Day: Wear the Rainbow Day!
TUE 3/12	Special Fun Run Spirit Day: Tie Dye Day!
TUE 3/12	7:30- 8:30 am Zero Hour Tiger Chorus; program details here
TUE 3/12	PTA Playground Pals (must sign up ten days in advance) program information & details here
WED 3/13	Special Fun Run Spirit Day: Class Color Day! (class colors list soon)
WED 3/13	WOW- Workout Wednesday during lunch recess; program details here
THU 3/14	Special Fun Run Spirit Day: Everyone wears their PTA-provided Fun Run shift! Tiger Pride!
THU 3/14	*8:55 am all school photo on the field* Fun Run Day! Details here
FRI 3/15	Class Photo Day (morning estimated 9:00- 11:00 / schedule TBD). Order forms go home on 3/12
FRI 3/15	Popcorn Friday during lunch recess! Details here
FRI 3/15	Early Release Friday: students dismissed at 1:20 PM

TUE 3/19	Spirit Day: Toons Tuesday!
TUE 3/19	7:30- 8:30 am Zero Hour Tiger Chorus; program details here
TUE 3/19	PTA Playground Pals (must sign up ten days in advance) program information & details here
WED 3/20	WOW- Workout Wednesday during lunch recess; program details here
WED 3/20	PTA Meeting Night- SLES Library or Google Meet; Details here 6:00- 7:00 pm SLES PTA hosts Ready Tech Go, SL Library; RSVP here and more information here 7:00- 7:30 pm SLES PTA / Mr. Weiss, MVMS Principal- 5th grade students & families welcome!
THU 3/21	Special Spirit Day: World Down Syndrome Day / Mismatched Socks Day!
THU 3/21	PTA Playground Pals (must sign up ten days in advance) program information & details here
FRI 3/22	Spirit Day: Tiger Pride / Blue Friday!
FRI 3/22	Early Release Friday: students dismissed at 1:20 PM
MON 3/25	NO SCHOOL FOR STUDENTS / Teacher Workshop Day / District calendar here
TUE 3/26	Spirit Day: Toons Tuesday!
TUE 3/26	7:30- 8:30 am Zero Hour Tiger Chorus; program details here
TUE 3/26	PTA Playground Pals (must sign up ten days in advance) program information & details here
WED 3/27	WOW- Workout Wednesday during lunch recess; program details here
THU 3/28	PTA Playground Pals (must sign up ten days in advance) program information & details here
THU 3/28	6:30- 7:30 pm 3rd Grade Music Performance (doors open at 6:00 pm); Details here
FRI 3/29	Spirit Day: Tiger Pride / Blue Friday!
FRI 3/29	Early Release Friday: students dismissed at 1:20 PM
APRIL	
1st Week of every month	Tiger's LOVE Reading! PAWS Reading Logs Due; details here
TUE 4/2	Spirit Day: Toons Tuesday!
TUE 4/2	7:30- 8:30 am Zero Hour Tiger Chorus; program details here
TUE 4/2	PTA Playground Pals (must sign up ten days in advance) program information & details here
WED 4/3- FRI 4.5	5th Grade to Camp Casey! 7:00 am send-off in the bus lane; Camp Casey details here
WED 4/3	WOW- Workout Wednesday during lunch recess; program details here
THU 4/4	PTA Playground Pals (must sign up ten days in advance) program information & details here
FRI 4/4	Spirit Day: Tiger Pride / Blue Friday!
FRI 4/4	Popcorn Friday during lunch recess! Details here
FRI 4/4	Early Release Friday: students dismissed at 1:20 PM
FRI 4/4	5th Grade returns from Camp Casey (time TBD); details here
April 8-12	NO SCHOOL / Spring Break / District calendar here



Please read our March Newsletter, [here!](#)

We have a lot of great events happening, opportunities, information, and more!

Website: <https://shadowlakepta.memberplanet.com/>

[Events list here](#)

[Volunteer opportunities list here](#)

Join our private FB group [here!](#)

Questions? Email: tigerfamilypta@gmail.com

FUN RUN PLEDGES & DONATIONS OPEN NOW!

Details & more here:

<https://shadowlake.tahomasd.us/news/announcements/it-is-fun-run-pledge-time-feb-26-mar-15>

FUN RUN 2024

**THEME:
COLOR RUN**

THE BIGGEST FUNDRAISER OF THE YEAR

Feb 26th- March 15th: pledge tickets accepted for bracelets



March 14th: Color Run!



March 30th - all pledged money needs to be turned in!

Schedule, class competitions,
Volunteer sign-ups, online
donation link, and more here

SHADOW LAKE SPIRIT WEEK

MARCH 11th - 15th	MONDAY 3/11 Wear the Rainbow	TUESDAY 3/12 Tye Dye						
WEDNESDAY 3/13 <table border="1"> <tr><td>K</td><td>3</td></tr> <tr><td>1</td><td>4</td></tr> <tr><td>2</td><td>5</td></tr> </table> Class Color Day	K	3	1	4	2	5	THURSDAY 3/14 Fun Run Day!	FRIDAY 3/15 Class Picture Day
K	3							
1	4							
2	5							

SCHOOL COUNSELOR NEWS

Do you know someone who will be having a baby between July or August of this year? Would they like to volunteer with their baby to help nurture empathy in children? **Shadow Lake Elementary** is looking for parents with infants who will be between 2-4 months old in October 2024 to volunteer about once per month during the school year.



Roots of Empathy
Racines de l'empathie

What is Roots of Empathy?

Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy. The program has been widely evaluated across three continents for two decades and is proven to result in improved empathy, increased emotional understanding, decreased aggression and bullying and improved pro-social behavior among participating students. Research also demonstrates that these improvements are sustained and even strengthened over time.

The Roots of Empathy program is delivered to elementary school children who are guided to recognize and connect with the vulnerability and humanity of a baby who visits their classroom throughout the school year with their parent(s), along with a trained Roots of Empathy Instructor using a specialized curriculum.

How it works:

Roots of Empathy consists of monthly visits to a classroom where your baby helps to inspire a generation of more caring, compassionate individuals. Each month, you will participate in a pre-visit, the actual classroom session, and a post-visit, each lasting approximately 30-40 minutes. A trained instructor will also be present at all times to facilitate the program.

- Your baby will need to be 2 – 4 months old at the start of the program in September/October
- Your family is matched with a classroom teacher at **Shadow Lake Elementary**
- You are paired with a volunteer Roots of Empathy Instructor who guides the children using an age-appropriate curriculum
- The program follows the course of the school year: You and your baby visit the same classroom of children 9 times over the school year (for 30-40 minutes, about every 3-4 weeks).

[Here](#) is a brief introductory video that explains how Roots of Empathy works and why a baby is such a powerful teacher of empathy. Roots of Empathy was also featured on NBC's Today – you can [view that segment here](#).

If you would like to volunteer as a Roots of Empathy Family, please contact me at (425) 413-6174 or by email: mperson@tahomasd.us

Thank you!

Melanie E. Person

School Counselor

STEM SPECIALIST NEWS



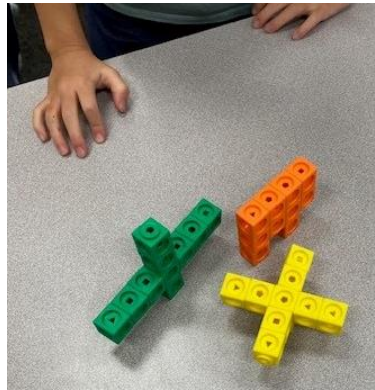
STEM engineering design challenges, programming, and 5th grade Lego Spike Prime robotics have begun with Mrs. White in Room 505! An example of an engineering project at each grade level this past month: we built tall Lego towers with our team, designed fidget spinners for a friend, built a train system with start and stop in Coding Express, constructed a Lego

Tabletop Toss game, built an obstacle course for a dog, built a VEX inclined plane, and built and programmed Kiki, a robotic dog, to communicate a series of events.

--Liz White, SLES Art & STEM

Specialist

ewhite@tahomasd.us



Save the Date!
Registration is open soon for the 11th Annual Bear Metal Summer Camps hosted by Bear Metal at Tahoma High School.

2024
Robotics
Summer
Camps —
Tahoma
Robotics

BEAR METAL Summer Camps **Registration Opening Soon!**



11th Annual!
Camps available for grades 1-9!

Save the dates!

- 7/8 - 12: Flag Frenzy Robotics camp - Middle School
- 7/15 - 19: Flag Frenzy Robotics camp - grades 3 - 5
- 7/22 - 26: 3D Printing - Middle Schoolers
- 7/22 - 26: Coding Camp - grades 4 - 7
- 7/22 - 26: FIRST LEGO League Jr - grades 1 - 3
- 7/29 - 8/2: Electronics camp - Middle School
- 7/29 - 8/2: FIRST LEGO League - grades 4 - 6
- 8/5 - 9: Design camp - Middle School
- 8/5 - 9: Bear Metal Media - Middle School

Sign up & Learn more:



TERRACYCLE STRONG!

Thank you for continuing to send in used: tooth-brushes, floss containers, empty toothpaste tubes of any brand for the [Colgate](#) brigade, as well as [Kroger or Fred Meyer Simple Truth](#) soft plastic packaging and we have added [Entenmann's Little Bites](#) pouches. We send these waste items to [TerraCycle](#) and earn a bit of money for our school while TerraCycle makes new products! Look for a tub outside the SLES front office to make your drop!

Thank you for collecting!

Liz White, SLES Art/STEM Specialist ~ Email: ewhite@tahomasd.us ~ Website [here](#)

FUTURE READY SPECIALIST NEWS

Information for caregivers about TSD FRS (Future Ready Skills) [HERE](#).



Mrs. Spencer
 espencer@tahomasd.us



Our **March** Future Ready Skill is **Strategic Problem Solvers**. Strategic Problem Solvers see problems and figure them out. They work effectively with others and solve small problems.

Kindergarten • *I can explain the problem that needs solving.*

- *I can come up with more than one possible solution.*
- *I can select the best solution.*

1st Grade* • *I can develop a plan to solve the problem.*

2nd Grade* • *I can persevere and stay focused until the problem is solved.*

3rd Grade* • *I can revise my plan as needed.*

4th Grade* • *I can see the problem from different perspectives.*

5th Grade* • *I can evaluate and reflect on the process and the result.*

(*Building on skills. For example, 1st grade includes kindergarten indicators + 1st grade indicator.)

P.E. SPECIALISTS NEWS

Upcoming Units:

March units will include yoga, nutrition, and teamwork games focusing on collaboration and throwing with accuracy. We are looking forward to April and warmer weather for upcoming outdoor units!

Zero Hour Track Starting in April

All 4th and 5th grade students are invited to join the Shadow Lake Track Team! Students will learn the basics of good running form, try events ranging from sprinting to distance running, relays, and throwing for distance, and train for their All-district end-of-season meet.

→ Sign up for Zero Hour Track [HERE](#).

Practice Dates: (all practices at 7:30am in the SL gym)

Monday	Wednesday	Friday
4/15	4/17	
4/22	4/24	
4/29	5/1	
5/6	5/8	
5/13	5/15	5/17 District Track Meet @ MVMS, 2:45-5:30

GENERAL P.E. ANNOUNCEMENTS:

Photos Needed: Our board is filling up, but families are still welcome to send in a photo of your student participating in a favorite physical activity (does not have to be a sport- anything your student likes to do to stay active works great) for our Active Tigers board! Photos can be brought in to school with your student, or emailed

or emailed to Mr. Rene at mrene@tahomasd.us or Mrs. Nau at snau@tahomasd.us

What to Bring/Wear to P.E.: Please remind your student to dress appropriately for P.E. as much as possible on P.E. days. Shoes that are comfortable for running/activity will help keep your student safe and able to do all P.E. activities. They are also welcome to bring a water bottle to P.E.

♥ Thank you! ~ Mr. Rene and Mrs. Nau , P.E. Specialist Teachers



👉 [Shadow Lake Elementary Music Website here](#)

Beth Anne Mohr ~ *Music Specialist/Tiger Chorus Director*

2023-24 Performance/Important Dates

Thurs Mar. 28, 6:30PM, SLES Commons: "Lights, Camera, Action! 3rd Grade Concert

Thurs Apr. 18, 6:30PM, SLES Commons: "Silly Songs with Second Graders" 2nd Grade Concert

Thurs May 9, 6:30PM, SLES Commons: "Pajama Party" 1st Grade Concert

Thurs May 23, 6:30PM, SLES Commons: "Three Piggy Opera" Kinder Concert

Thurs May 30, 6:30PM, SLES Commons: Tiger Chorus Spring Cookie Concert



GREEN TEAM NEWS- From Mila Bradley and Caty Stamp

Shadow Lake Green Team March 2024



Spring is just around the corner, can you feel it?

Our Green Team made it outside to do a quick clean up around our campus. The bits and pieces of wrappers became one of our first upcycled crafts to "turn art into action" through the "Extraordinary Earth Project". Each piece of student art earns a \$5 donation towards environmental issues. It is great to get down to business!

- Waste Free Lunch Day
- Campus Clean Up
- Upcycled Crafts
- Green Team Commercials/ Morning Announcements



Last week, we took a look at how well we were doing at sorting our recycling, and well...let's just say we need some practice! So a few students went back to their classes and shared tips for sorting trash from recyclables. Way to go!

Next month, students are hoping to team up with Student Leadership to have a really special Earth Week!





SCHOOL SPIRIT WEAR

Our spring Sprit Wear Store is OPEN Feb. 16- March 8.

Ordering is online here: <https://shadowlake2024.itemorder.com/shop/sale/>

2024-2025 PLACEMENT

Information about our Family Input Form was emailed on Friday. Kindergarten through Fourth Grade families are invited to turn in the optional form by Friday, March 29. The form can also be found [here](#).

5th GRADE NEWS

- 7:00- 7:30 pm Wednesday, March 20 our PTA is welcoming Maple View Middle School Principal, Bill Weis, to give some information about transitioning to middle school and answer questions.
- SLES attends Camp Casey is April 3-5. Information, forms, and more [here](#).

SPRING SMARTER BALANCE ASSESSMENT DATES

3rd - 5th SBA Testing Schedule

TUE 5/7 ELA CAT

WED 5/8 ELA PT

THU 5/9 ELA PT

TUE 5/21 MATH CAT

WED 5/22 MATH PT

5th Grade Only:

THU 5/23 ELA PT

Please try to avoid absences and scheduling any appointments during these dates. Thank you!

CLASS OF 2037 KINDERGARTEN NEWS

- Register now! Details, information, and register online [here](#)
- May 13 & 14: We will welcome kindergartners and their families to SLES with a special Kindergarten Kick-off event. Students must be registered in advance. A sign up for selecting one of the days will be sent closer to the date.

Do you have a child turning 5 by Aug. 31, 2024?

Register for Kindergarten!

You'll get info about:

- Kindergarten Events
- Kindergarten News
- Kindergarten Camp
- Class Placement

Visit bit.ly/TahomaK to get started!

Kindergarten Registration is Open

Do you have a child turning 5 years of age on or before August 31, 2024? If so, it is time to [register your child for kindergarten at Tahoma!](#) Our online enrollment is open, and parents are encouraged to complete their child's registration by the end of February. Families will begin receiving important kindergarten information, including our monthly Kindergarten Newsletter.



SCHOOL HOURS

Monday – Thursday 8:40 AM – 3:20 PM
Early Release Friday 8:40 AM – 1:20 PM
Earliest drop-off time: 8:25 AM



OFFICE HOURS

Monday- Thursday 8:00 AM – 4:00 PM

Friday's 8:00 AM – 3:00 PM

Attendance email: sloffice@tahomasd.us

Phone: (425) 413-6100

Please view attendance reminders from the office [here](#)

Visit our school website for handy information: <https://shadowlake.tahomasd.us/>

2023- 2024 PARENT STUDENT HANDBOOK [HERE](#)



INCLEMENT WEATHER OR EMERGENCY RESOURCES [here](#)

Limited transportation bus (snow) routes [here](#)

TRANSPORTATION

Phone (425) 413-3220. Bus route schedules and more information:

<https://www.tahomasd.us/departments/transportation>

SCHOOL COUNSELOR ~ Melanie Person

Email: mperson@tahomasd.us

♥ Learn about resources provided for students and families [here](#)

SCHOOL NURSE ~ Nicole Munsell, BSN, RN.

Phone: 425-413-6110 ~ fax: 425-413-6113 ~ EMAIL: SLNurse@TahomaSD.US

♥ Medical Guidance- when should my child stay home from school? [HERE](#)



FOOD SERVICE INFORMATION

Breakfast menus, lunch menus, and how to pre-load milk or meal money can be found here: https://www.tahomasd.us/departments/nutrition_services

ZERO HOUR INFORMATION

Registration and updated schedule [HERE](#).

What is Zero Hour? It is the hour before (or after) school that some staff are offering enrichment classes.

EXTENDED ENRICHMENT PROGRAM (EEP)

Before/afterschool childcare details: https://www.tahomasd.us/departments/extended_enrichment

OPT-IN FOR TEXT MESSAGES

If you would like to get occasional short text message reminders from the school, you can opt-in to receive them, you can **text 67587**, find instructions on our school website, or here:

https://shadowlake.tahomasd.us/news/announcements/opt_in_or_out_for_t_s_d_text_messages

COMMUNITY RESOURCES

We have compiled a list of resources that may be helpful [here](#).



TAHOMA SCHOOL DISTRICT WEBSITE <https://www.tahomasd.us/>

View recent TSD communications to families here:

https://www.tahomasd.us/departments/public_relations/weekly_family_bulletins